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| **1** | Collect the sample by scraping the sampling stick on your bowel motion (stool) until the end of the stick is covered. | **To be completed by patient** |
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| **2** | Put the green sampling stick back into the tube. Twist the green cap and push until you hear a click. Do not reopen the tube. Wash and dry hands. |
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| **3** | Put the green collection tube into the green plastic bag. Close the green plastic bag with collection tube inside. |

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| **4** | Request Faecal Occult Blood test using Healthlink as per usual practice. |

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| **5** | Ensure the patient's sample is labelled with Forename, Surname and Date of Birth. |

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| **6** | Place the green bag containing the sample tube inside the sealable section of the sample transport bag, and seal. Place the completed request form into the form pocket of the sample transport bag. (Sample and request form must not be packed in the same section of the sample transport bag). |

